

DAY SEVEN PLUS: MANAGERS RIDE FOR THE LEGENDS

June 29, 2021

Riding for Aven and Ben Stelter. Plus all of our Kids even those not connected to this ride.

What a wonderful although HOT day: Today Donna and I were joined at Buck Mountain Gas in Warburg by my sister Diane Callan who has been riding in support of the Kids for several years and who is the smartest athlete of our family because she follows training recommendations from professionals rather than just doing what ever comes to mind LOL; consequently she could do Iron" man" ?? "woman" competitions and not wreck her body like her brothers! Also joining us this morning was Gary Fortier. Gary is a long time friend and along with his business partner Dan Sly of "Right Choice Camps and Catering", they make a significant yearly contribution to the Society as a part of the Fundo day annually sponsored by the MacLean family "The Crossing Group" President Ryan MacLean.

Our third contestant was Michelle Gallagher. Michelle was delivered to Warburg "OUR STARTING POINT" by her husband Ed and they are the principals of Patriot Law in Onoway, who individually and corporately are supporters of the Society. In addition Michelle is Chair of West Parkland Gas Co-op and Vice Chair Gas Alberta Inc.. Michelle has many other responsibilities too numerous to mention yet she finds the time to train and maintain an outstanding fitness level which was readily evident while on her new road bike. Michelle just excels at anything that she does and it was a real pleasure to spend some time with her helping Kids and their families.

We met at 07:15 and after some quick bike checks and photos, we left Warburg at 07:30 for Stony Plain and West Parkland Gas Co-op. Wouldn't you know that we experienced our first flat tire of the entire trip at the junction heading North from Warburg towards Genesee and that immediately split our group of four. I fixed the flat pretty quickly but it is really hard to catch two good riders after even a ten minute delay and we didn't see them again until we collected prior to heading East for the last twelve clicks to West Parkland. We arrived at West Parkland as advertised and on time to be greeted by Brock Polasek and his team for a great break and a presentation of their financial support for the Society and our Kids. Also joining Brock and the West Parkland team were his wife and three of their four children, plus the Kids with Cancer team including Val, Jaclyn and Emily. Several other supporters were in attendance including Denis Dubrule Chair of the Audit Committee at Gas Alberta Inc. and Director West Parkland Gas, which was very nice. I would like to extend my appreciation and that of the Society's to the management and Board of Directors at West Parkland Gas for their hospitality and generosity. Thank you to all.

We departed West Parkland around 10:30 without Michelle as she had previous appointments for the afternoon and I know that she would have wanted to continue the ride through to Onoway so hopefully we will pick up where we left off another year. It had already reached the low to mid 30's so we were hot and were going to get hotter before the ride was over.

Denis Dubrule borrowed a road bike and joined us for the remainder of the ride to Onoway and although we had another flat prior to getting off of the Yellowhead, he departed himself very well which wasn't much of a surprise as he has been a runner in his past and spent some time getting ready to ride with us. Thank you Denis.

We were then joined by three lovely ladies from Ste. Anne Gas on their mountain bikes five clicks from Onoway which made our trip even more enjoyable and meaningful. We arrived at Ste Anne Gas Co-op to a boisterous welcome complete with fire engines and their sirens, lots of cheering and especially

poignant was the presence of Aven and her sister and dad. The girls had welcoming signs and big beautiful smiles which made it such a wonderful finish for our day. We are so glad that Aven is in remission and that she and her family are soon to travel to El Salvador so that the girls can visit their grandparents.

Greeting us at Ste. Anne were the usual culprits in our quest to help Kids with Cancer and they included Kevin Ouderkirk "Big Mac" and CEO, Val Leifso Executive Assistant: quarterback of our event organization and communications for the Kids at Ste. Anne; numerous staff, members of the Board of Directors along with customers of Ste. Anne, several emergency responders and other friends of the Society. Val, Jaclyn and Emily were also in attendance representing the Society.

There were lots of photos taken, hamburgers barbecued, and speeches made and I was the recipient of too many special gifts one in particular from Ste. Anne Gas which was a bench with my name engraved on a plaque that will rest at the Kids house for all to enjoy. I share these gifts with all of you that supported me on this ride and so many other rides to help Kids in need. Thank you all.

Although this ride had its challenges with the weather, especially "heat and wind" it also had many wonderful experiences that we have shared. In some ways I'm glad that the job is complete for this year, in another way I'm sorry that I'm not carrying on to visit other locations throughout Alberta to thank Rural Gas Utility managers and their teams and Boards of Directors for their support and encouragement over the years.

Thank you to my partner Donna Osborne who has provided so much support in driving my vehicle for the last two individual trips and putting up with me along the way. Donna's birthday is in June and I have missed every one for several years as I was away on these very important rides. Paul Dunsmore President of Gas Alberta Inc. for his personal generosity and leadership in support of our Corporate sponsorship; Gas Alberta Inc. Board of Directors and all of our Shareholder Customers. To Kevin and Val and the Ste. Anne crew, the Managers' Advisory Committee and Kyle Patterson VP Gas Alberta Inc. for quarterbacking our communications and IT Support throughout this journey. And to each of you that support and give so generously you lighten my legs and fill my heart with thanks. And finally to the Society and the Kids that inspire me, thank you for allowing all of us into your world and thank you for your strength and determination to heal and survive, we wish you Godspeed and please get well.

Best,

Len

Ride for Legends

DAY 7: TUESDAY, JUNE 29
Cycling 153 kms in honour of ...

Aven



Aven is healing from her fight with medulloblastoma, a cancer found in her cerebellum on January 14, 2019. With assistance from Kids with Cancer Society, right away she and her Mom travelled to Florida for many weeks of proton radiation therapy, which isn't yet available in Canada.

Aven, almost 9, suffers from health challenges related to side effects of her treatment and will be monitored by several post treatment specialists to help mitigate them.

"We are blessed to have the support from the amazing organization that is the Kids with Cancer Society. In particular, we have seen an improvement for Aven thanks to help from their BrainWorks program." – Aven's Family

Kids with 
Cancer Society



GasAlbertaInc.

Ride for Legends

DAY 7: TUESDAY, JUNE 29
Cycling 153 kms in honour of ...

Ben



Ben is 5 years old and is currently in treatment.

He likes Mickey Mouse, bike rides and Corvettes.

He LOVES hockey and of course the Edmonton Oilers. His favourite player is #97 Connor McDavid!

Kids with 
Cancer Society



 Gas Alberta Inc.

Ride for the Legends Finale: Day 7, Warburg to Onoway (June 29, 2021)



Ride for the Legends Finale: Day 7, Warburg to Onoway (June 29, 2021)



Ride for the Legends Finale: Day 7, Warburg to Onoway (June 29, 2021)



Ride for the Legends Finale: Day 7, Warburg to Onoway (June 29, 2021)

